Celebrating Diversity

Breaking barriers through the exploration of cultural safety

HOSTED BY:
University of Manitoba, Rady Faculty of Heath Sciences, College of Nursing

Canadian Nursing Students’ Association
2017 CNSA National Conference
Winnipeg, Manitoba
LIVE THE LIFE YOU ALWAYS WANTED

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• $2,000 in grant money if you choose to work in a position where bilingualism/French language is a hiring requirement
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Email us at nurse@gov.mb.ca
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Director’s Welcome

Dear CNSA Delegates and Guests,

On behalf of the Canadian Nursing Students Association we would like to offer you a warm welcome to the 2017 CNSA National Conference. We hope that you make the most of your stay, and come to see Winnipeg as the vibrant multicultural city that it is.

We began planning for this conference after being inspired at the 2015 CNSA National Conference in Regina. What an adventure these last two years have been, we are overwhelmed with the encouragement and positivity we have received through planning this event and are deeply grateful for the opportunity to host this conference for you. We would also like to take a moment to thank the members of the 2016-2017 CNSA National Conference Planning Committee; without your help, this event would not have been possible.

We are blessed with the opportunity to witness the brilliance and dedication of the future nurses of Canada and would like to thank each of you for attending, and showing your desire to better the nursing profession. We hope you leave this conference with the knowledge and confidence to practice in a culturally safe manner throughout the rest of your careers. We hope you enjoy this conference as much as we have enjoyed planning it.

Sincerely,

Karlee McKenzie
CNSA National Conference Director
University of Manitoba

Erin Rempel
Deputy Conference Director
University of Manitoba
Dear Conference Attendees,

It is with great pleasure that we, the 2016-2017 CNSA National Conference Planning Committee (NCPC), welcome you to the 2017 CNSA National Conference in beautiful Winnipeg, Manitoba. At this year’s conference, the theme will focus on Cultural Safety.

Through various speakers and workshops, we hope to provide you with tools that can be utilized in your professional and personal lives to create a culturally safe environment wherever you may be. We challenge you to reflect upon your own cultural identity and how it affects your practice. We hope you enjoy your stay at the Radisson, and enjoy the diversity our city has to offer. We hope you enjoy the countless hours we have put into this event, from the planning of speakers to social events. It is our wish that you leave this conference feeling confident to practice in a culturally safe manner no matter where your career may take you.

Sincerely,

2016-2017 CNSA National Conference Planning Committee
President’s Welcome

Welcome Conference Attendees,

The 2016-2017 Canadian Nursing Students’ Association Board of Directors would like to welcome you with open arms to the 2017 CNSA National Conference. I am thrilled for us all to be in Winnipeg, Manitoba for an exciting few days of amazing speakers, workshops and networking opportunities. Through first hand experience, I can truly say that a CNSA conference can change your life in so many ways if you let it. This being my third National Conference, I have been able to meet hundreds of students from coast to coast and coming together for these insightful learning opportunities is an experience in itself. The National Conference Planning Committee (NCPC) has been hard at work to ensure that you have the opportunity to listen to amazing speakers, take in interesting workshops and network with like-minded students from across Canada. I encourage you to take full advantage of everything a CNSA conference has to offer and enjoy the memories and lifelong friendships you will gain at this event.

The conference theme for this year is Celebrating Diversity: Breaking barriers through the exploration of Cultural Safety. As we enter the nursing workforce and the Canadian healthcare system it is important that we as nurses are practicing culturally safe care. Canada is a country composed of many different cultures and it is our duty to provide its citizens with culturally safe, holistic, patient-centered care. We continue to see inequities in care to Indigenous populations and other marginalized populations; as nurses, we have the ability to create change. Through this conference I hope that you are inspired to become a champion for change in creating a culturally safe and caring environment for our patients whether it be in the hospital, community or where ever your nursing career may take you.

As your 2016-2017 Canadian Nursing Students’ Association President, I would like to thank our National Conference Director, Karlee McKenzie and her amazing NCPC for planning this year’s National Conference. I would also like to thank our Board of Directors for the outstanding work they have done on behalf of this association. Their leadership, creativity and collaboration has been inspirational to say the least. The whole team has dedicated themselves and their time to the association and our nearly 30,000 members. I could not have done my job without them and the continued support they provide to myself and each other.

I hope that you allow this conference to ignite the spark within you that is the flame of nursing. Take advantage of opportunities, take risks and dream big. You are all leaders in your own right, don’t ever forget that.

Sincerely,

Bryce Boynton
University of Manitoba, College of Nursing Welcome

Dear Conference Delegates,

On behalf of the College of Nursing, Rady Faculty of Health Sciences, I am pleased to welcome you on behalf of the University of Manitoba and Winnipeg.

The topic of this year’s event, cultural safety, is one that is close to our hearts. At the College of Nursing, our students understand the importance of being culturally aware of the community we serve. For the past two years, students and staff have marched on behalf of residential school survivors and offered a pledge to practice culturally safe nursing care with our Indigenous populations.

We take great pride in seeing our students live out this pledge by working towards this conference and helping to share the message of cultural safety and health equity for all with the next generation of health-care professionals.

We are sensitive to the need for health-care providers to be respectful of nationality, culture, and other social attributes through teaching, service learning and experiential learning. Cultural safety, which also includes learner self-reflection, is woven into the curriculum of the College of Nursing, Rady Faculty of Health Sciences.

We look forward to your visit and invite you to make the most of this time at the college, to explore Winnipeg and to connect with our faculty. Thank you for supporting CNSA and attending this conference.

Sincerely,

Beverly O'Connell, BN, MSc, PhD, FACN
Dean, College of Nursing, Rady Faculty of Health Sciences
University of Manitoba
## Board of Directors

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<thead>
<tr>
<th>Position</th>
<th>Name</th>
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<tr>
<td>President</td>
<td>Bryce Boynton</td>
</tr>
<tr>
<td>Vice President</td>
<td>Sheren Anwar Siani</td>
</tr>
<tr>
<td>Director of Communication</td>
<td>Caitlyn Patrick</td>
</tr>
<tr>
<td>National Conference Director</td>
<td>Karlee McKenzie</td>
</tr>
<tr>
<td>Director of Membership Services</td>
<td>Kennedie Maidment</td>
</tr>
<tr>
<td>Director of Career &amp; Leadership</td>
<td>Ashley Ahuja</td>
</tr>
<tr>
<td>Director of Bilingualism &amp; Translation</td>
<td>Peter Stinnissen</td>
</tr>
<tr>
<td>Atlantic Regional Director</td>
<td>Leah Carrier</td>
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<tr>
<td>Quebec Regional Director</td>
<td>Marilyn Morand</td>
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<tr>
<td>Ontario Regional Director</td>
<td>Grant MacNeil</td>
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<tr>
<td>Prairie Regional Director</td>
<td>Fred Entz</td>
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<tr>
<td>Western Regional Director</td>
<td>Megan Bruce</td>
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<tr>
<td>Informatics Committee Chair</td>
<td>Betty Wang</td>
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<tr>
<td>Diversity Committee Chair</td>
<td>Alyssa Riddle</td>
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<tr>
<td>Research &amp; Education Committee Chair</td>
<td>Caitlin Wiltshire</td>
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<td>Global Health Committee Chair</td>
<td>Paisly Symenuk</td>
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<td>Community &amp; Public Health Committee Chair</td>
<td>Boey Chak</td>
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<td>Indigenous Health Advocacy Committee Chair</td>
<td>Danielle Bourque</td>
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<td>Dawn Tisdale</td>
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<tr>
<td>Administrative Officer</td>
<td>Kristine Crosby</td>
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<tr>
<td>CASN Representative</td>
<td>Dr. Cynthia Baker</td>
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National Conference Planning Committee

National Conference Director: Karlee McKenzie
Deputy Conference Director: Erin Rempel
Logistics Coordinator: Brittany Cuthbert
Logistics Coordinator: Heidi Friesen
AV/Registration Coordinator: Bryce Koch
Speakers Coordinator: Olivia Wall
Workshops Coordinator: Deborah Chan
National Team Coordinator: Kyle Warkentin
Sponsorship and Exhibitor Coordinator: Alexandra Reynolds-Baker
Sponsorship and Exhibitor Coordinator: Nicole Buchhold
Social Coordinator: Ruben Freire
Volunteers Coordinator: Constance Amadi
Charity Auction Coordinator: Hillary Agsalud
National Conference Advisor: Shana Tozer
Special Thanks

Jacqueline Paquette
   Speakers Coordinator Assistant
Lai Chun Yee
   University of Manitoba, College of Nursing Administrative Staff
Shay Kaminsky
   University of Manitoba, College of Nursing Staff
Hannah Severa
   National Conference Poster Graphic Designer
Norma Brown
   University of Manitoba, College of Nursing Administrative Staff
Betty Wang
   CNSA Informatics Committee Chair, National Conference Website Graphic Designer
Margaret Lavallee
   University of Manitoba, Rady Faculty of Health Sciences, Elder-in-Residence
CNSA Bilingualism and Translation Committee
   National Conference Materials Translation
Radisson Hotel

We are happy to announce the 2017 CNSA National Conference will be at the Radisson Downtown Winnipeg Hotel. Meeting space will be located on floors 11, 12 and 13 with elevator access to each floor and a staircase in the center connecting the three floors. Below are floor plans of the conference space for your convenience.

11th Floor Ambassador Banquet & Conference Centres
Radisson Hotel

“T” - 13th Floor Ambassador Banquet and Conference Centers
# Conference Schedule

## Tuesday, 24th

<table>
<thead>
<tr>
<th>Time</th>
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<td>0830-1830</td>
<td>CHECK IN &amp; INFO DESK OPEN</td>
<td>12TH FLOOR FOYER</td>
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<td>0930-1200</td>
<td>WORKSHOPS</td>
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<td>1200-1300</td>
<td>BREAK</td>
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<td>1300-1700</td>
<td>CANADIAN HUMAN RIGHTS MUSEUM TOUR</td>
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<td>1830-1930</td>
<td>NATIONAL ASSEMBLY (ORIENTATION)</td>
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<td>2100-0000</td>
<td>OD/AD APPRECIATION NIGHT</td>
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<td>EXPLORE THE SQUARE</td>
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<td>0900-1200</td>
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<td>1200-1900</td>
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<td>COCKTAIL RECEPTION</td>
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<td>2130-0100</td>
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# Conference Schedule

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## Conference Schedule

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<td>CANADIAN MUSEUM FOR HUMAN RIGHTS</td>
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<td>SCHOLARLY SHOWCASE</td>
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<td>BANQUET &amp; CLOSING CEREMONIES</td>
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<td>SOCIAL EVENT</td>
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### 28 SATURDAY
# Workshops

**Tuesday January 24, 2017**

**Pre-Conference Workshops**

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<tr>
<td>0930-1200</td>
<td>Simulated Experience of Hearing Voices That Are Distressing</td>
<td>Manitoba Schizophrenia Society</td>
<td>Ambassador D</td>
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<tr>
<td>0930-1030</td>
<td>Out of the Fire, Into the Mud (simulation by GlobalHealthSim)</td>
<td>Paisley Symenuk</td>
<td>Terrace East</td>
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<td>1100-1200</td>
<td>Sex, drugs and EDM: Harm reduction after hours</td>
<td>Bryce Koch</td>
<td>Terrace East</td>
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**Thursday January 26, 2017**

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<tr>
<td>0900-0945</td>
<td>Panel Discussion: Your lens or mine? Providing culturally safe end-of-life care</td>
<td>Genevieve Thompson, Susan McClement, Adel Compton, &amp; Brenda Hearson</td>
<td>Ambassador D</td>
</tr>
<tr>
<td></td>
<td>Fentanyl Abuse: A fatal attraction</td>
<td>Sheri Fandrey</td>
<td>Ambassador B</td>
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<tr>
<td></td>
<td>The TRANSition: Lowering Our Voices to Make Room for Theirs</td>
<td>Alyssa Riddle &amp; Jayden Meville</td>
<td>Ambassador C</td>
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<tr>
<td></td>
<td>Sensitivity to Culture for Safety of Patients in Clinical Practice</td>
<td>Tim Osachuk</td>
<td>Ambassador H</td>
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<td></td>
<td>Female Genital Cutting: Exploring a Culturally Sensitive Approach To Working with FGC Affected Communities</td>
<td>Linda Plenert &amp; Simret Daniel</td>
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## Workshops

**Thursday January 26, 2017**

**Conference Workshops**

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<td>Panel Discussion: Your lens or mine? Providing culturally safe end-of-life care</td>
<td>Genevieve Thompson, Susan McClement, Adel Compton, &amp; Brenda Hearson</td>
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<td>Fentanyl Abuse: A fatal attraction</td>
<td>Sheri Fandrey</td>
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<td>The TRANSition: Lowering Our Voices to Make Room for Theirs</td>
<td>Alyssa Riddle &amp; Jayden Meville</td>
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<td>Born With A Plastic Spoon in My Mouth: Growing up Queer, fat, and poor &amp; the Impact of Determinants of Health</td>
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<tr>
<td>1115-1200</td>
<td>Panel Discussion: Your lens or mine? Providing culturally safe end-of-life care</td>
<td>Genevieve Thompson, Susan McClement, Adel Compton, &amp; Brenda Hearson</td>
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<td>Fentanyl Abuse: A fatal attraction</td>
<td>Sheri Fandrey</td>
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<td>Board of Directors Q &amp;A</td>
<td>CNSA Board of Directors</td>
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## Workshops

**Friday January 27, 2017**

### Conference Workshops

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<tr>
<td>0900-0945</td>
<td>Cultural Safety in Nursing Practice - Application to Action</td>
<td>Donna Martin &amp; Linda Diffey</td>
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<td>CNA’s Network of Nursing Specialties</td>
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<td>Jessica Beatty</td>
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<td>Kim Bailey &amp; Shelley Marshall</td>
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# Speakers

**Thursday January 26, 2017**

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<th>TITLE</th>
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<tr>
<td>1300-1400</td>
<td>KEYNOTE: Culturally based equity for children: A cornerstone for reconciliation*</td>
<td>Dr. Cindy Blackstock</td>
<td>Ambassador A</td>
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<tr>
<td>1415-1515</td>
<td>The Francophone minority linguistic population: Cultural humility that underpins safe nursing care*</td>
<td>Margareth Zanchetta</td>
<td>Ambassador A</td>
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<tr>
<td>1530-1630</td>
<td>&quot; Medical Assistance in Dying and the Roles of Nurses</td>
<td>Marie Edwards</td>
<td>Ambassador B</td>
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<td>&quot; Nursing North of 60</td>
<td>Esther Maani-Ulujuk Powell</td>
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<td>KEYNOTE: Live Your Best*</td>
<td>Tim Hague Sr.</td>
<td>Ambassador A</td>
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<td>1415-1515</td>
<td>Do You View Health Care as a Human Right? Exploring the Experiences of Immigrants and Refugee's Access to Health Care in Canada*</td>
<td>Anisa Isse</td>
<td>Ambassador A</td>
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<td>1530-1630</td>
<td>&quot; Global Health in a Local Context: A Nursing Perspective</td>
<td>Trina Arnold</td>
<td>Ambassador H</td>
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<td>&quot; Building Research Capacity for Best Practice</td>
<td>Beverley Temple</td>
<td>Ambassador B</td>
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Workshop Abstracts

Hopefully through reading these abstracts, this will give you insight on each workshop to help in deciding which sessions you plan to attend.

**Pre-Conference Workshops**

Hearing Voices that are distressing: A Simulated Experience of Hearing Voices

This is a truly unique learning experience. It will allow participants to have a glimpse into the lived experience of trying to function and perform tasks while experiencing psychosis, specifically, *Hearing Voices that are Distressing*. The learning goals of the training include:

- Understanding the day to day challenges that face people with psychiatric disabilities and to realize their strengths and resiliency.
- Learning about the subjective experience of hearing voices that are distressing.
- Changing attitudes and practices to better address the needs of people who hear distressing voices.
- Becoming familiar with self-help literature, support networks and coping strategies for voice hearers.

Please be advised that this workshop is very intense and can be disturbing. It is suggested that people who hear voices do not take this workshop.

Out of the Fire, Into the Mud (Simulation by GlobalHealthSim)

Earlier this week, violence spilled into the streets of Burundi as people rallied against the President’s announcement to run for a third term. As ongoing intimidation, mob violence, and civil unrest persist, almost 150,000 people, mostly women and children, have been forced to grab their modest belongings and flee the country to neighbouring Rwanda, the DRC, and Tanzania. As a member of the UNHCR Burundi Regional Refugee Response Team you must work closely with other members to evaluate the current situation and take actions to minimize the health impacts of this conflict.

Sex, drugs and EDM: Harm reduction after hours

This workshop will include a personal reflection on the paramedic and nursing relationship. This will include a quick overview of working with paramedics and exploring the do’s and don’ts. The second portion, we will be talking about how to provide an atmosphere of harm reduction after hours. We will be exploring the trends in party substance usage. This will include a demonstration on using reagents to test party substances for adulterants

**Conference Workshops**

Panel Discussion: Your lens or mine? Providing culturally safe end-of-life care

This session will explore the importance of self-awareness in the delivery of culturally safe end-of-life care and how we as nurses can shape a safe context for providing care near the end of life. Suggestions for practice will be discussed.
Workshop Abstracts

Fentanyl Abuse: A fatal attraction

Fentanyl abuse has reached crisis proportions across Canada. As fentanyl use continues to escalate, health care professionals need to be aware of the risks and harms associated with its use. This workshop will provide an overview of fentanyl pharmacology, including comparison with other opioids, how it is used, its addictive potential, and clinical presentation of overdose. The workshop will also focus on emerging “designer” opioids, and the additional risks associated with these “super-potent” drugs.

The TRANSition: Lowering Our Voices to Make Room for Theirs

This workshop intends to create an open dialogue about the lived experience of trans peoples. Through guided imagery and discussion, we will explore the current issues and considerations health care providers should be aware of when caring for their patients. We will discuss strategies for being an ally, and further our understanding of what it means to be trans, non-binary, or queer in today’s society.

Speed Dating: CNA Nursing Specialties

Nursing specialties are different perspectives of the richness of nursing practice. Come to this interactive panel to hear from leaders from CNA’s Network of Nursing Specialties who currently work in specialty practice areas. Learn about what the specialty entails, the benefits and the various settings for practice. This opportunity may help you to determine if there is a specialty practice that feels right for your future! This workshop will feature 6 Speed Dates and information on how to contact any of the 46 national associations will be available at this workshop.

Sensitivity to Culture for Safety of Patients in Clinical Practice

In this session, the author will introduce the concept of developing increased sensitivity to the many cultures of patients, how this may be manifest or expressed, and implications for safety of patients and practitioners in clinical practice. The session will be relevant to practice with children, adults and families in clinical practice.

CNSA Board of Directors Q &A

Have you ever found yourself wondering what it is exactly that CNSA board members do? Are you interested in learning more about what the various CNSA committees do and how you can get involved? Do you find yourself considering running for a board position in the 2017 CNSA elections, but you’re not sure which position is the best fit? If you answered yes to any of these questions, then this workshop is for you! Through this interactive workshop, the CNSA Board of Directors hopes to shed light on all of the amazing opportunities available when you are a member of the board. Come visit us during this workshop to learn more about how you can get involved.
Workshop Abstracts

Female Genital Cutting: Exploring a Culturally Sensitive Approach to Working with FGC Affected Communities

Female circumcision/female genital cutting (also known as FGM) is a traditional cultural practice that has impacted some women who now make Canada their home. These women and their families access the health care system for a variety of reasons. This session will outline some of the key issues to consider when working with people from FGC affected communities.

Cultural Safety in Nursing Practice - Application to Action

In this interactive workshop, participants will review the meaning and underpinnings of cultural safety. Given a “real life” case study, a World Café format will be used to facilitate a discussion about strategies that nursing students and nurses can implement to engage in relational practice and foster cultural safety.

Born With A Plastic Spoon in My Mouth: Growing up Queer, fat, and poor & the Impact of Determinants of Health

This workshop is designed to give insight into Social Determinants and Determinants of Health on individuals' lives. Looking at intersectionality, LGBTQQ+, the effect of poverty and disability, as well as some preconceived notions that exist in Western society, participants will be able to critically reflect on the implications that these things have, demonstrating their knowledge and understanding through an interactive activity as well as a discussion.

Balancing Conventional and Naturopathic Medical Care: The Reality of the Modern Patient

The internet has opened up the possibility of self-diagnosis and medication. Most of the patients you see will be taking some form of alternative medicine, upon either the advice of Dr. Google, their local health food store clerk, or their Naturopathic Doctor. How do you know that what they are taking is safe? Effective? Necessary? How can you make recommendations to them that supports their choice to use natural medicine? Is the combination of conventional and alternative medicine evidence based?

In Bed Together: Harm Reduction and Cultural Safety

This session will explore the connections between cultural safety and harm reduction as approaches to practice, program and policy. Key differences among these approaches and critiques will be explored, including implications for bringing these approaches together. Examples of the expanded scope of harm reduction will be drawn from practice, program and policy initiatives undertaken at Healthy Sexuality and Harm Reduction.

Safe and timely health care delivery to Winnipeg’s homeless community

Siloam Mission provides holistic health care to its clients in the Saul Sair Health Centre. These clients often do not have access to any other health care for various reasons. Homelessness and poor health go hand-in-hand and the professionals delivering care at Siloam Mission’s Health Centre face multiple obstacles to ensure their clients’ health needs are met. This workshop will outline how the difficulties of health care are addressed at Saul Sair Health Centre.
Speaker Abstracts

Culturally based equity for children: A cornerstone for reconciliation

Speaking on the topic of culturally based equity for children, Cindy Blackstock will give an overview of the challenges that First Nations children living on reserve face in accessing public services that all other Canadian children enjoy. Dr. Blackstock will focus on "Jordan's Principle", a child-first principle that ensures First Nations children can access all government services on the same terms as other children. Dr. Blackstock will also explain ways that all people in Canada can become engaged in supporting culturally-based equity and reconciliation for First Nations children in Canada.

The Francophone minority linguistic population: Cultural humility that underpins safe nursing care

In the quest for the acquisition and development of skills fostering cultural safety aimed at providing care to diverse ethno-cultural clients, nursing students may encounter innovative thoughts regarding “cultural humility” as a renewed understanding of “cultural safety”. The attitude of cultural humility will foster the possibility of meaningful nurse-client encounters, resulting in safe care. It will unfold through the actions of a nursing student who is open-minded to provide care without judgment, or fear of deconstructing knowledge and learning with her/his Francophone client, whether it is an individual or a family. Guided by the educational philosophy of emancipatory learning and critical awareness, the results of my recent studies allowed me to rebuild my own understanding of language spoken in the context of immigration/exile as a critical, social determinant of health. The lived experiences of Francophones under the condition of linguistic minorities exemplified the multiple dimensions of health literacy within a continuum of skills, abilities and practices. How social services and health care professionals, including the way nursing students conceive, re-conceive and act upon their own understanding of health literacy, is also a matter of my research and teaching work. These ideas are supported by evidences that will be shared with the audience.

Medical Assistance in Dying and the Roles of Nurses

In June of 2016 Canada passed new legislation enabling people to request medical assistance in dying if certain criteria were met. In this presentation, a brief overview of the development of that law will be provided, from the Supreme Court of Canada decision in the Carter v. Canada (Attorney General) case to the debates in the House of Commons and Senate of Canada. Drawing on literature from other jurisdictions where assisted death is legal and on Canada’s experience to date, the roles of nurses in medical assistance in dying will be explored and the right to declare a conflict with conscience will be examined.

Nursing North of 60

This presentation will discuss the realities of practicing as a nurse in the North of 60. The realities and structures of the Health Centers in Nunavut, facilities, resources and supports available to us as practicing nurses. History, culture and lifestyle of the Inuit people will also be shared along with the genetic predispositions of the Inuit population. The Cultural communication styles of the Inuit people, which affects communication between the nurse and patient will also be shared.

Live Your Best

Drawing on his experience as the winner of the inaugural season of The Amazing Race Canada Tim weaves a story of failure and success that moves his audience. You will relive the magic of television and be lost in the wonder of storytelling as Tim recounts his adventures from The Race. Tim takes his audience on a very personal journey through his diagnosis of Parkinson’s disease at the early age of 46. You will experience the sense of loss and fear that comes from this diagnosis but more importantly the hope and the determination to persevere. Your team will be left empowered to do more than they ever thought they could. They will come away with a truer sense of what real strength and courage is. They will have a better understanding of how to face life’s challenges and succeed.
Speaker Abstracts

Do You View Health Care as a Human Right? Exploring the Experiences of Immigrants and Refugee’s Access to Health Care in Canada

As nurses, we have the potential to affect the health care experiences of our patients. According to the World Health Organization (2015), a human rights approach to health care demands that we rectify inequities and discriminatory practices. Immigrants and refugees to Canada currently face unique barriers when accessing our health care system and often report negative health care experiences. This presentation will begin by differentiating between immigrants and refugees and exploring the following sub-categories of newcomer status: economic class immigrants, family class immigrants, government assisted refugees, privately sponsored refugees, and refugee claimants. Findings in the literature of qualitative and mixed methods research will be presented to illustrate the health care experiences of this population. Differences in access to health care insurance related to which province or territory a newcomer settles in, or which legal status they have in Canada, will be presented. The impact of differences in pre-migration, migration, and post-migration experiences as factors which impact access to the health care system and experiences with health care services will be discussed. This presentation will call on you, as nurses, to think about your role in minimizing barriers to access and improving health care provision, for immigrants and refugees.

Global Health in a Local Context: A Nursing Perspective

Nursing is a complex profession that combines unique knowledge, skills, and practice. Ultimately though, that knowledge, those skills, and a nurse’s practice are all understood and applied in a socially constructed environment by an individual nurse that has had very specific experiences of the world. How can we bridge the gap between our own ways of understanding and approaching health and the myriad of other ways of understanding and approaching health that we will encounter at the individual, family, community, or global level? What are the consequences if we don’t learn to think critically about how we view the world both individually and as nurses? How do we learn to think critically within that landscape without causing harm to our clients in the process? These are some of the questions that will be explored through this presentation through my time spent in India.

Building Research Capacity for Best Practice

The need to provide best practices for diverse, vulnerable communities requires an investment in our future. The future of providing best practice is including undergraduate nursing students in research. When students gain the experience of what it is like to see changes in practice for vulnerable populations, they begin to see the bigger picture of the impact of research. When we can see a nonverbal person with a disability being assessed for pain accurately and a major health emergency is avoided, the importance of good research comes to fruition. Relationships that researchers and students are able to develop are important in influencing new nurses to ask tough questions about why we do things the way we do. It is when new nurses keep asking questions that they begin to crave accessing advanced education and enter masters and PhD programs. This builds capacity for the profession of nursing. This presentation will discuss some of the exciting ways to include students in the research endeavor.
Regional Executive Meetings

Similar to CNSA Regional Conferences, at the CNSA National Conference Official Delegates and Associate Delegates will be required to attend the Regional Executive Meetings. At Regional Executive Meetings, delegates review CNSA information pertaining to our association and their particular region. Regional Executive Meetings will take place on Wednesday January 25, 2017 from 0900-1700 and Saturday January 28, 2017 from 0900-1200. The locations are as follows:

**Atlantic Region:** Terrace East  
**Ontario/Quebec Region:** Ambassador H  
**Prairie/Western Region:** Ambassador D

National Assembly

National Assembly is CNSA’s forum to discuss and vote on important issues surrounding the association. This is where position and resolution statements are voted on, election speeches take place, etc. Official delegates and associate delegates are required to attend, as the official delegate holds an official vote on behalf of their chapter school. However, we encourage all conference attendees to attend to gain valuable leadership skills in a professional environment, understand Bourinot’s rules of order, share your thoughts on pertinent issues, etc.

Career and Exhibitor Fair

Don’t miss the 2017 CNSA Career and Exhibitor Fair at the National Conference. This is a great opportunity to get more information and interact with potential employers, graduate programs at universities, etc. As exhibitor booths will be changing daily, make sure to visit them each day so you don’t miss out!

The Career and Exhibitor Fair will take place in Terrace West

- **Wednesday January 25, 2017** from 1200-1700
- **Thursday January 26, 2017** from 0930-1700
- **Friday January 27, 2017** from 0930-1700
- **Saturday January 28, 2017** from 0900-1730
National Team

National Team is a student-led debate that takes place at the annual CNSA National Conference. The team consists of 6 members, facilitated by the National Team Coordinator, who will debate on a current health care topic.

Congratulations to the 2017 CNSA National Team:

National Team Coordinator: Kyle Warkentin
Atlantic Region: Kelly Lucas
Quebec Region: Jodi Kalubi-Lukusa
Ontario Region: Jessica Crawford
Prairie Region: Jessica Landrie
Western Region: Saige Godberson-Parlin
Western Region: Andrew Yan

Don’t miss the National Team Debate taking place on Friday January 27, 2017 in Ambassador A from 1115-1215hrs.

Scholarly Showcase

The Scholarly Showcase is an annual event at the CNSA National Conference that gives nursing students the opportunity to display and present projects and research that they have been working on. We believe that as future nurses and healthcare professionals, we must foster an environment that promotes inter-professional collaboration and knowledge sharing. Research is a crucial part of health care, and especially in nursing. It ensures that as health care professionals, we are providing the best and safest care possible to our clients and communities based on evidence and best practices. We encourage all nursing students to reach out to their faculty and colleagues to explore the world of research and to contribute to nursing's specialized body of knowledge.

Although posters will remain hung throughout the conference, be sure to visit the poster presentation and interact with the presenters on Saturday January 28, 2017 in the East Terrace from 1730-1830hrs.

A $500 prize, sponsored by the Canadian Association for Nursing Research (CANR), will be awarded to the best abstract, as awarded by CANR Board Members.
Explore the Square

Each morning we will start the day off with some physical activity, a light walk to begin the day. We will be exploring the Winnipeg Square, which is downtown Winnipeg connected through underground walkways and skywalks. This Winnipeg Square is filled with restaurants, shops, offices, etc. so come explore Winnipeg through the Square. Don’t worry, you will not be needing your jacket as the whole walk will be inside!

Social Events

Every conference isn’t complete without its share of social events. This is a great opportunity to explore Winnipeg and network with fellow nursing students in a fun atmosphere. The social package can be purchased at the Social Events Information Table located in the 12th floor lobby. We will meet in the lobby for all events and transportation to all social events will be provided. Our events will include:

Tour the Canadian Museum for Human Rights*: We invite you to be inspired at this new iconic landmark in Winnipeg which was created to "explore the subject of human rights with a special but not exclusive reference to Canada, in order to enhance the public’s understanding of human rights, to promote respect and to encourage reflection and dialogue (NOT included in social package- discount available at door please bring valid student ID and CNSA lanyard)

OD/AD Appreciation Night: We would like to thank all of our amazing OD and AD’s for all their hard work throughout this past year, come join us at Rudy’s Eat and Drink for a meet n greet.

Cabin Crawl @ Festival du Voyageur*: Dress warm! We will be learning about our culture in Winnipeg through Western Canada's largest winter festival. We will celebrate through games, exploring the different cabins (trading post, blacksmith, fur trade), sing and dance. Food and beverages will be available on site for purchase.

Night in the District Formal Event: Don’t forget your bowties and pearls, for this 20’s themed event. This Great Gatsby themed event will keep you dancing all night. We will start the night off with a swing dancing lesson to dance the night away. Don’t forget to check out the photo booth!

Explore the Forks and Kings Head Beverage House: The Forks is a must-see in Winnipeg. At the intersection of the Assiniboine and Red River, this was one of the largest trading posts in Canada. Now, it is used to celebrate a wide variety of cultural shops, food, drinks, etc. We will start with an interactive scavenger hunt, then a skate for those who wish to skate on the longest river trail in North America and finish at the Kings Head Beverage House just a 5-minute drive away (Skates will be provided or feel free to bring your own).

Winter Winnipeg White Out Party: Wear your whitest whites as we will be Whiting Out one of Winnipeg’s best night clubs District Stop for our Winnipeg Winter White Out Party.

Social events are subject to change, due to unforeseen circumstances. If you have any questions, please visit the Social Events Information Table or talk to the National Conference Social Coordinator: Ruben Freire.

*Indicates the session is available in both English and French
Charity Auction

*The Deer Lodge Centre Movement Disorders Clinic*

Join us on Wednesday January 25, 2017 at the Welcome Reception and Opening Ceremony where we will be hosting our Live Charity Auction and Silent Charity Auction.

All proceeds from our auction will be donated to The Deer Lodge Centre Movement Disorders Clinic.

The Movement Disorders Clinic provides specialized interdisciplinary treatment and support for clients with movement disorders such as Parkinson's Disease and Parkinsonism, Tremor, Dystonia, Chorea, Myoclonus, Huntington's Disease, Tourette's Syndrome, Restless Leg Syndrome, and Drug Induced Movement Disorders. This is the only clinic of its kind in Winnipeg as the important work done at the clinic includes clinical research trials, a comprehensive medical assessment including neurological and neuropsychological consultations, EEG's, nerve conduction, etc. and most importantly provides a better quality of life for movement disorder patients. The clinic offers nursing, social work, and Huntington's Disease social work expertise, physiotherapy, speech and language pathology, occupational therapy, dietitian, and genetic counselling services are available for patients with movement disorders.
Elections Information

Are you thinking of running for a 2017-2018 CNSA Board of Directors position?
Make sure to remember these important dates and times!

NOMINATION PERIOD OPENS for all Board of Director and Committee Chair positions!
Wednesday January 25, 2017 @ 1600 CST
Pick up a nomination form from the Election Information desk!

NOMINATION PERIOD CLOSES for all Board of Director and Committee Chair positions!
Thursday January 26, 2017 @ 1700 CST

ACCEPTING OF NOMINATIONS
Thursday January 26, 2017 during National Assembly
All Candidates MUST attend this session

CAMPAIGN PERIOD OPENS
Thursday January 26, 2017 @ 2100 CST

REGIONAL DIRECTOR CANDIDATES SPEECHES AND QUESTION PERIOD
Saturday January 28, 2017 during Regional Exec Meetings
CAMPAIGN PERIOD CLOSES for Regional Director Candidates following speeches

REMAINING BOARD OF DIRECTOR AND COMMITTEE CHAIR CANDIDATE SPEECHES AND QUESTION PERIOD
Saturday January 28, 2017 during National Assembly
CAMPAIGN PERIOD CLOSES for ALL positions following speeches

If you have any questions please visit the Election Information desk located in the 12th floor foyer.
Keynote Speakers

DR. CINDY BLACKSTOCK

PhD-Social work, Executive Director- First Nations Child and Family Caring Society of Canada, Professor- McGill University School of Social Work

A member of the Gitksan First Nation, Cindy has 25 years of social work experience in child protection and Indigenous children’s rights.

Her reconciliation based approach to addressing contemporary inequalities experienced by First Nations children and youth by engaging children and young people and other members of the public to implement evidence informed solutions has been recognized by the Nobel Women’s Initiative, the Aboriginal Achievement Foundation, the Indigenous Bar Association, Frontline Defenders and many others.

An author of numerous articles and a widely sought after public speaker, Cindy has collaborated with other Indigenous leaders to assist the United Nations Committee on the Rights of the Child in the development and adoption of a General Comment on the Rights of Indigenous children and currently serves as a Commissioner for the Pan American Health Organization’s study on Health Equity and Inequity.
Keynote Speakers

TIM HAGUE SR.

RN, Winner- Amazing Race Canada Season #1

Tim Hague Sr. overcame the odds when he went from a diagnosis of Parkinson’s disease to winning season #1 of The Amazing Race Canada. Now, as an internationally sought after speaker, he shares with his audiences the lessons learned from having run and won this amazing race with Parkinson’s. As a retired RN with a career in home care, air ambulance and as a nursing supervisor/manager on a surgical unit at St. Boniface Hospital, he incorporates his passion for nursing into his speeches.

Tim was formally diagnosed with Parkinson’s in February 2011. Two years later he and his son, Tim Jr., were selected from over ten thousand applicants to be one of nine teams to run the race. After coming in last twice and nearly being eliminated The Tim’s not only survived but went on to produce an epic come from behind victory. Tim’s keynote draws on this experience while weaving a tale of failure and success that moves his audience.

A masterful story teller Tim interlaces humour and wit with sadness and despair. He guides his listeners on a journey of discovery by unpacking what it means to Live Your Best. He explores the themes of:

Simplicity: the art of focusing your life in a chaotic world.

Contentment: that often-illusive gift of peacefully accepting what your best produces. And,

Perseverance: the iron will to continue on even when there is no evidence that you will ever be successful.

Tim’s message of Live Your Best empowers his listeners to meet life’s challenges and accomplish more than they ever thought they could.
Speakers

ANISA ISSE

RN, BN- Winnipeg, Mb

Anisa Isse’s motivation and passion for refugee health stems from her life experience as refugee from Somalia who was fortunate enough to move to Canada in early childhood. Being part of a minority community, Anisa has also been a witness to the struggles that many Somalis face in restarting their lives in Canada. Throughout her undergraduate nursing degree Anisa also noted the challenges other newcomers to Canada, especially individuals with limited English language proficiency, faced when accessing the health care system. This strong interest, motivated Anisa to enroll in the University of Manitoba’s MN program immediately after graduating from the BN program in 2013. While perusing her graduate degree part-time, Anisa has worked as a RN on an adult post-op surgical unit and is currently working on a pediatric medicine ward.

BEVERLEY TEMPLE

PhD, RN, Associate Dean of Research, College of Nursing, Rady Faculty of Health Science, UM

Dr. Temple currently serves as the Associate Dean, Research, of the College of Nursing, Rady Faculty of Health Sciences. She graduated from a diploma nursing program, then took a degree in Nursing, followed by a Masters in Nursing from University of Manitoba and a PhD from University of British Columbia. She has had many years of clinical experience in ICU, Emergency, Pediatrics and in other supervisory positions within the hospital setting.

Dr. Temple has been active in many local, national and international research groups related to care and support of people with intellectual disabilities and their families. She has been active on many university committees, curriculum development, research committees and a member of Knowledge Translation Canada. Her focus is often on how we support students at all levels; undergraduate, graduate and post graduate to excel in their chosen areas. Dr. Temple continues to be an avid mentor within the Manitoba Centre for Nursing and Health Research, passing on her knowledge of research with undergraduate and graduate students. In her spare time, Dr. Temple participates in weight lifting, walking her golden lab puppy as well as other sports – playing and watching!
Speakers

**ESTHER MAANI POWELL**

*RN, Nunavut*

Esther grew up in Arviat, Nunavut which is right above Churchill Manitoba (aka polar bear country).

Esther completed her nursing education in Yellowknife, NWT through the Aurora College which is affiliated with the University of Victoria, BC. She has worked as an RN only in Nunavut after graduation in 2006 starting in her home community of Arviat and then after moving to Rankin Inlet she worked as a float nurse providing relief work in the 8 communities in the Kivalliq Region of Nunavut.

Esther then started her career in corrections as an Institutional Nurse at the new Correctional Institute called the Rankin Inlet Healing Facility whose mission is healing through restorative justice. Esther was promoted to Deputy Warden of Programs and now supervises the Programs Staff at their Healing Facility and develop healing programs for their inmates in low and medium security through reintegration of culture, traditions and language. Esther very much finds it rewarding to work as a health care advocate especially to her people and in the comfort of our Inuktitut language.

**Margareth S. Zanchetta**

*RN, BScN, MN, PhD*

Dr. Zanchetta is a senior educator and researcher with undergraduate and post-graduate university education in the disciplines of Nursing and Education. Both areas of education support her solid understanding of multidimensional theoretical aspects of learning. Throughout her career as a clinician nurse in the field of Oncology Nursing, Cardiology and Intensive Care, she had countless opportunities to apply her knowledge of Paulo Freire’s pedagogy for self-care, which was a precursor of her interest in issues of health literacy. Freire’s pedagogical philosophy guides her successful work as research mentor for undergraduate students. Her main research interest relies in individual and family health literacy as well as health professionals’ awareness of this issues as lived by linguistic minorities. Working with faculty and front-line professionals in Brazil, France, Canada, Dominican Republic and some African countries, she has experience in issues of global health, health promotion, as well as global cancer education.
Speakers

MARIE EDWARDS
RN, PhD

Marie Edwards is an associate professor with the College of Nursing, Rady Faculty of Health Sciences, University of Manitoba. She began her career as a critical care nurse, and eventually returned to school, completing a Master of Nursing at the University of Manitoba and a PhD in Nursing and Bioethics at the University of Toronto. Marie teaches and carries out research in the area of ethics and ethical practice, and has a particular interest in end-of-life care. She has served on the board of the Canadian Association of Critical Care Nurses and currently serves on the board of the College of Registered Nurses of Manitoba and on the editorial review board for the Canadian Journal of Critical Care Nursing.

TRINA ARNOLD
RN, MPH

Trina has worked as a registered nurse in reproductive health, community health, refugee health and in global health program planning with the University of Manitoba’s Centre for Global Public Health in India. She received her Master of Public Health from the University of Manitoba, where her work focused on the role of the nurse in providing psychosocial support in the prenatal period. Currently she works as an Instructor in the College of Nursing at the University of Manitoba with a focus on reproductive and gender health, health education, and human diversity.
Pre-Conference Facilitators

MANITOBA SCHIZOPHRENIA SOCIETY

Founded in 1979, The Manitoba Schizophrenia Society (MSS) is a non-profit, charitable, community-based mental health organization.

The Manitoba Schizophrenia Society, Inc. is a consumer-focused, family sensitive mental health self-help organization whose mission is to improve the quality of life for those affected by schizophrenia and psychosis through education, peer support programs, one-on-one consultations, public policy and research. MSS aim to promote a dignified, non-discriminatory quality of life for those living with schizophrenia and psychosis while seeking a cure for schizophrenia.

PAISLY SYMENUK

Paisly is entering her fourth year of her Bachelor of Science in Honors Nursing program at the University of Alberta in Edmonton. She will graduate in April with certificates in both International Learning and Community Engagement and Service-Learning. She is in her second term as the Chair of the Global Health Committee for the Canadian Nursing Students’ Association (CNSA), and is a Co-Founder of the Global Association of Student and Novice Nurses (GASNN). She is leading a research project exploring the roles and perceptions of community health volunteers on gender-based violence in rural Zambia. Upon graduating in April, Paisly plans to pursue graduate studies in nursing leadership and global health. If she isn’t at school, you can find her biking or watching her daily dose of NBA basketball!

BRYCE KOCH

Bryce is a fourth-year student in the Faculty of Nursing at the University of Manitoba. After his final year is completed, he hopes to find work in either the emergency medical field or in harm reduction. Before entering university, Bryce worked as a lifeguard for the City of Winnipeg. After realizing his passion for emergency medicine, he pursued a career as a paramedic. He graduated from CritiCare Paramedics in 2012 with his Primary Care Paramedics. After completing his license, he decided to pursue nursing. He is a self-described “adrenaline junkie” who thrives off the high-energy environment of the emergency medical field. Bryce is currently the Programming Chair for the University of Manitoba Nursing Students’ Association and the IT/Registration Director for the Canadian Nursing Students’ Association Conference being held in Winnipeg this January. He has a passion for harm reduction, which drove him to volunteer at Shambhala Music Festival as a student nurse. In the future, he hopes to start a harm reduction program in Winnipeg focusing on safe substance use as well as diminishing risk-taking behaviour.
Workshop Facilitators

DR. SHERI FANDREY

Dr. Sheri Fandrey is currently the Lead of the new Manitoba Addictions Knowledge Exchange Centre at the Addictions Foundation of Manitoba. She joined the Addictions Foundation of Manitoba as a Prevention and Education Consultant in 2003, following 5 years teaching at the University of Manitoba’s College of Pharmacy. Dr. Sheri Fandrey received her bachelor’s degree in Pharmacy and her Ph.D. (Toxicology) from the University of Saskatchewan. Sheri has also taught at the College of Pharmacy & Nutrition (University of Saskatchewan) and the School of Pharmacy (Texas Tech University). Dr. Fandrey continues to provide professional education about addictions and prescription drug abuse to social workers, pharmacists, physicians and nurses in Manitoba. She currently supports both the Provincial Opioid Replacement Services Review Working Group and the Manitoba Fentanyl Task Force. Sheri is a member of the Advisory Council for the Partnership for a Drug Free Canada.

DR. TIM OSACHUK

Dr. Tim Osachuk, C.Psych. is a Licenced Doctoral Clinical Psychologist, Tenured Associate Professor and Director of Internship Training for the Canadian Psychological Association Accredited Pre-Doctoral Internship Program in Professional Psychology, Student Counselling Centre, University of Manitoba. He has a generalist practice, focused on briefer intervention approaches, with special interests in Mindfulness, Clinical Hypnosis, Therapies to alleviate Stress/Trauma/PTSD, Mind/Body Relationships, and the Psychology of Men and Masculinity. He has also served as the President-Elect, President and Past-President of the Manitoba Psychological Society. He received his Ph.D. in Clinical Psychology at the University of Manitoba, and completed two supervised Pre-Doctoral one-year internships prior to completing his Ph.D.

Prior to returning to the Counselling Centre in July 2003, Dr. Osachuk worked in Hospital-Based Practice with Adult Inpatients at Selkirk Mental Health Centre, with Adolescents and Families at St. Boniface General Hospital, with outpatient Adults and Children within PsychHealth at the Health Sciences Centre, and in coordinating services for a young head injured person at the Rehab Hospital. He has also been a Psychological Associate in the private practices of two Clinical Psychologists in Winnipeg.

Dr. Osachuk has ample experience working with nurses in a variety of different practice roles. Over this last year, 40% of his time was deployed to providing an array of clinical services to School of Nursing students at the University of Manitoba.
Workshop Facilitators

KAS MACFAYDEN

Kas MacFayden is a fourth year BScN student at MacEwan University in Edmonton, Alberta. Having previously worked with at-risk youth through the Tim Hortons Children’s Foundation and the YWCA of Edmonton, she is passionate about serving vulnerable populations and draws upon her own experience of growing up in poverty and the unique challenges faced as a member of the LGBTQ+ community. She is also a fierce advocate for awareness of mental illness, as well as the prevalence of relational aggression in nursing education.

ALYSSA RIDDLE

Alyssa Riddle is a lover of yoga, books, and coffee, a member of the LGBTQ+ community, and CNSA’s Diversity Committee Chair. She is from Edmonton, and in her fourth year of school at MacEwan University. Her lifelong passion and involvement in equity seeking groups drives her to work with other like minded people in facilitating education and understanding.

JAYDEN MEVILLE

Jayden Meville is a second year nursing student from Saskatoon, SK. Her personal and professional experiences have fuelled her passion for the LGBTQ+ community. Her goal is to share knowledge, passion, and insight with as many people as she can in order to end stigmas and create safe spaces for LGBTQ+ people.
Workshop Facilitators

CNA’S NETWORK OF NURSING SPECIALTIES

Nursing specialties are different perspectives of the richness of nursing practice. The following 6 Speed Dating Panelists will be attending the conference, information on how to contact any of the 46 national associations will be available at this workshop.

- Canadian Association Self Employed Registered Nurses
- Canadian Occupational Health Nurses Association
- Canadian Hospice Palliative Nurses Group
- Canadian Association of Critical Care Nurses
- Community Health Nurses of Canada
- Canadian Association of Advanced Practice Nurses

The 2016-2017 CNSA Career & Leadership Development Committee has organized this workshop in collaboration with CNA’s Network of Nursing Specialities.

DR. DONNA MARTIN

Dr. Donna Martin acquired a Diploma in Nursing from the Health Sciences Centre in Winnipeg in 1976 and practiced as a nurse in adult and pediatric medicine and critical care. Her passion for nursing education began in 1987 as a teacher in the Neonatal/Pediatric Critical Care Program at Children’s Hospital. She acquired a BN in 1981 and a MN in 1997 – both from the University of Manitoba. During her graduate studies, she travelled to several First Nation communities, which inspired her to promote social justice and health equity. She obtained a PhD in Nursing from the University of British Columbia in 2006. Currently, Dr. Martin is an Associate Professor in the College of Nursing at the University of Manitoba.
Workshop Facilitators

DR. JESSICA BEATTY

Dr. Jessica Beatty is a licensed Naturopathic doctor with the Manitoba Naturopathic Association (MNA) and the Canadian Association of Naturopathic Doctors (CAND). She is also a member of the Oncological Association of Naturopathic Physicians (OncANP). She currently sits on the board of the Manitoba Naturopathic Association.

Dr. Beatty graduated from the Boucher Institute of Naturopathic Medicine in New Westminster, British Columbia in 2011. Prior to completing her medical training, Dr. Beatty obtained her Bachelor of Science from the University of Winnipeg. Dr. Beatty's practice blends modern medical scientific theory with traditional healing techniques. Her unique focus encompasses the individual needs of the patient, seeking balance amongst physiological, structural, mental, emotional, and social well-being. Dr. Beatty embraces a wide variety of additional therapies to effectively target the root cause of disease including Nutritional Counseling, Botanical Medicine, Intravenous Vitamin therapy, Intravenous Chelation therapy, Neural-Prolotherapy, Traditional Chinese Medicine, including Acupuncture, Lifestyle Counseling and Bowen therapy. An emphasis on nutritional and emotional wellness is always at the heart of her approach.

ANGELIKA FLETCHER

Angelika has been in Health Care for over 3 decades. Born and raised in Germany, Angelika started her Health Care journey with a nursing degree and worked in Germany focusing on acute Urology, Gynecology and ENT. Angelika then took secondary education in Health Administration and managed a acute Nephrology Unit until she immigrated to Winnipeg, where she obtained her Canadian Nursing degree and started her nursing profession on an Acute Care Hospital Med/ Surg Unit. Angelika furthered her knowledge through continuing education and seminars and advanced her role to Clinical Resource Nurse Med/ Surg Unit. Angelika again changed her focus in Health Care and managed health focus in private industry as a medical advisor and digital medical content writer.

In 2010 it was time to move into the social field of Health Care and Angelika began her career at Siloam Mission, a not-for-profit charitable organization in Winnipeg focused on social programming, shelter and health care for the homeless population of the city, and to date manages the Saul Sair Health Centre at Siloam, a fully functioning walk-in clinic providing health care to the clients of Siloam in 10 different health disciplines; providing truly holistic care for body, mind and soul.
Workshop Facilitators

KIM BAILEY

Team Manager, Healthy Sexuality Harm Reduction, Population and Public Health, WRHA has a Masters in Social Work and has been the Team Manager of Healthy Sexuality and Harm Reduction at the WRHA since 2011. She has over 20 years of experience in the area of community and sexual health with a focus on program development and management. She has developed innovative programs in partnership with various communities including newcomers, indigenous peoples, women and youth. Kim is passionate about issues related to health equity, social justice and harm reduction.

SHELLEY MARSHALL

Shelley Marshall is a doctoral candidate in Nursing at the University of Manitoba, with an interest in the historical, social, and policy conditions that shape drug-related benefits and harms. She has worked in harm reduction programming and service delivery in Winnipeg’s core area since 1998, including several years as a street outreach nurse. As a Clinical Nurse Specialist in public health, Shelley is involved in overdose response and naloxone distribution programming, and is a partner in several research projects related to sexually transmitted and blood borne infections, and drug-related harms and structural violence. Shelley is a member of the Canadian Drug Policy Coalition Steering Committee, as well as the National Overdose and Safe Injection Site Committee. Shelley has also recently been contracted by Manitoba Health as the provincial overdose coordinator.

SIMRET DANIEL & LINDA PLENERT

Simret Daniel is the Our Selves Our Daughters (OSOD) project facilitator. She brings extensive experience in the African continent addressing Female Genital Cutting, and now within the immigrant context in Canada. Simret also coordinates the Knowledge Into Action (KIA) project at SERC which focuses on working with newcomer communities around the issues of HIV and STBBI awareness and coordinating a support group for women who are living with HIV. She is a nurse by training and a community developer at heart.

Linda Plenert is one of SERC’s Sexual and Reproductive Health Facilitators. She has many years’ experience working cross-culturally and training service providers in cultural competence with regard to sexuality related issues. Linda’s work at SERC also includes resource development and community education in the areas of family communication about sexuality, relationships in a new culture, women’s sexuality, and sexuality and aging.
Workshop Facilitators

**DR. SUSAN MCCLEMENT**
Dr. Susan McClement is a Professor in the College of Nursing, Rady Faculty of Health Sciences, University of Manitoba, and a Research Associate in the Manitoba Palliative Care Research Unit at CancerCare Manitoba. Her research interests include psychosocial dimensions of cancer-anorexia-cachexia; supporting patient dignity in end-of-life care; and ethical issues in palliative care. Her work has been funded by the Canadian Institutes of Health Research, the Canadian Cancer Society Research Institute, and Research Manitoba. She is a board member of Research Manitoba and the Manitoba Medical Services Foundation. She holds specialty certification in hospice palliative care nursing from the Canadian Nurses Association. Dr. McClement has been involved in teaching palliative care courses internationally in association with the Medical College of Havana University in Havana, Cuba, and Sichuan University in Chengdu China.

**DR. GENEVIEVE THOMPSON**
Dr. Genevieve Thompson is an Associate Professor in the College of Nursing, University of Manitoba. She holds affiliations as a Research Associate with the Manitoba Palliative Care Research Unit headed by Dr. Harvey Chochinov, the Centre on Aging at the University of Manitoba, and with Riverview Health Centre. Dr. Thompson holds a Canadian Institutes of Health Research New Investigator Award and in 2012 she was awarded the Canadian Association for Nursing Research Outstanding New Investigator Award. She was recently awarded the 2015 University of Manitoba RH Award (Health Sciences), awarded to two top early career researchers in health science for innovation and impactful research. Dr. Thompson’s research program has been funded through several grants from the Canadian Institutes of Health Research and is focused on the palliative and end-of-life care needs of older adults and their family caregivers who are living in long-term care.

**ADEL COMPTON**
Adel Compton, BScN, MDiv, STM brings health perspectives as a nurse and as a spiritual health practitioner. She is passionate about the significance of cultural safety, spirituality and palliative care from experiences with people in rural, remote and urban contexts.
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